

Taking CYSTADANE® (betaine anhydrous for oral solution)

CYSTADANE should only be taken as directed by your doctor.



Shake the bottle of CYSTADANE lightly, then remove the cap.



Use the scoop provided to measure the number of scoops as prescribed by your doctor.* One level scoop equals 1 gram of powdered betaine.



Mix the powder with 4 to 6 ounces (120 to 180 mL) of water, juice, milk, or formula until completely dissolved, or mix the powder with food.



Immediately eat or drink the CYSTADANE mixture.



Replace the bottle cap tightly to protect CYSTADANE from moisture.



Store the bottle at room temperature.

*Over time the doctor may adjust the amount of CYSTADANE taken based on tests of blood homocysteine levels and other factors.